## **April 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00a Geri-Fit Stretch/Abs 9:00a Geri-Fit Fall Prevent 9:00a Table Tennis 10:00a Men's Discussion 10:30a Conver. Spanish 11:00a Caregivers Supp. 12:00p Duplicate Bridge 12:00p Poker 12:30p Sign Lang meetup 1:00p Cribbage/Pinochle 1:00p Beg Mah Jongg 5:00p Evening Chair Exer 5:30p Hand&Foot Cards	8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:30a Intermed. Line Dance 10:00a Hooks & Needles 10:00a Open Paint Studio 11:00a Sign Lang meetup 12:00p Blood Pressure Ck 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 5:30p Open Table Tennis	8:00a Geri-Fit Stretch/Abs 9:00a Video Gentle Yoga 9:00a Intermed. Bridge 10:00a Open Paint Studio 11:00a Wellness Wednesday 12:00p Poker 1:00p Scrabble 1:00p Hand & Foot cards 2:00p Open Jam Session 6:00p Bunco 6:30p Ukulele for Beginners 6:30p Metabolic Support Grp	8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:00a Canasta 9:00a Tech Time w/Mark 9:00a Open Paint Studio 9:30a Beg. Line Dance 10:00a Spanish Club 11:00a Quilts & More 1:00p Golden Age Radio 1:00p Improver Line Dance 1:00p Table Talk-Women 1:00p Hand & Foot Cards 5:00p Open Paint Studio 5:00p Movie	8:00a Geri-Fit Stretch/Abs 9:00a Aerobic Chair Exer. 9:00a Intermed. Bridge 9:00a Cards 9:00a Pinochle 10:30a Golf Cards 1:00p Table Tennis 1:00p Mex. Train Dominoes 1:00p Woodcarvers/Table Top Art 1:00p Chess 1:00p Trad Mah Jongg 2:00p A Matter of Balance 2:30p Legal Consultations*
8:00a Geri-Fit Stretch/Abs 9:00a Geri-Fit Fall Prevent 9:00a Table Tennis 10:00a Men's Discussion 10:30a Conver. Spanish 12:00p Duplicate Bridge 12:00p Poker 12:30p Sign Lang meetup 1:00p Cribbage/Pinochle 1:00p Beg Mah Jongg 5:00p Evening Chair Exer 5:30p Hand&Foot Cards 6:30p Mystery Book Club	8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:30a Intermed. Line Dance 10:00a Hooks & Needles 10:00a Open Paint Studio 10:00a Memoir Writers 11:00a Sign Lang meetup 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 5:30p Open Table Tennis	8:00a Geri-Fit Stretch/Abs 9:00a Video Gentle Yoga 9:00a Intermed. Bridge 10:00a Open Paint Studio 12:00p Poker 1:00p Scrabble 1:00p Hand & Foot cards 1:00p Womens Singles 1:00p AZ Speaks Hstry of Tohono O'odhams of the Purple Sage 2:00p Open Jam Session 5:30p Euchre	8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:00a Canasta 9:00a Open Paint Studio 9:30a Beg. Line Dance 10:00a Spanish Club 10:00a Alzhmr Support Grp 1:00p Improver Line Dance 1:00p Table Talk-Women 1:00p Hand & Foot Cards 5:00p Open Paint Studio 5:00p Movie	8:00a Geri-Fit Stretch/Abs 9:00a Aerobic Chair Exer. 9:00a Intermed. Bridge 9:00a Cards 9:00a Pinochle 9:00a Blood Drive 10:00a Medicare Ins Consult* 10:30a Golf Cards 1:00p Table Tennis 1:00p Mex. Train Dominoes 1:00p Woodcarvers/Table Top Art 1:00p Chess 1:00p Trad Mah Jongg 2:00p A Matter of Balance
8:00a Geri-Fit Stretch/Abs 9:00a Geri-Fit Fall Prevent 9:00a Table Tennis 10:00a Men's Discussion 10:30a Conver. Spanish 12:00p Duplicate Bridge 12:00p Poker 12:30p Sign Lang meetup 1:00p Cribbage/Pinochle 1:00p Beg Mah Jongg 5:00p Evening Chair Exer 5:30p Hand&Foot Cards	8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:30a Intermed. Line Dance 10:00a Hooks & Needles 10:00a Open Paint Studio 11:00a Sign Lang meetup 12:00p Blood Pressure Ck 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 1:00p Swing Time Music 5:30p Open Table Tennis	8:00a Geri-Fit Stretch/Abs 9:00a Video Gentle Yoga 9:00a Intermed. Bridge 9:00a Time 4-U 10:00a Open Paint Studio 12:00p Poker 1:00p Scrabble 1:00p Hand & Foot cards 2:00p Open Jam Session 6:00p Bunco 6:30p Ukulele for Beginners 6:30p Metabolic Support Grp	8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:00a Canasta 9:00a Open Paint Studio 9:30a Beg. Line Dance 10:00a Spanish Club 1:00p Improver Line Dance 1:00p Table Talk-Women 1:00p Hand & Foot Cards 5:00p Open Paint Studio 5:00p Movie	8:00a Geri-Fit Stretch/Abs 9:00a Aerobic Chair Exer. 9:00a Intermed. Bridge 9:00a Cards 9:00a Pinochle 10:30a Golf Cards 12:00p Munch & Music 1:00p Table Tennis 1:00p Mex. Train Dominoes 1:00p Woodcarvers/Table Top Art 1:00p Chess 1:00p Trad Mah Jongg 2:00p A Matter of Balance
8:00a Geri-Fit Stretch/Abs 9:00a Geri-Fit Fall Prevent 9:00a Table Tennis 10:00a Men's Discussion 10:30a Conver. Spanish 12:00p Duplicate Bridge 12:00p Poker 12:30p Sign Lang meetup 1:00p Cribbage/Pinochle 1:00p Beg Mah Jongg 5:00p Evening Chair Exer 5:30p Hand&Foot Cards	8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:15a Spooner Health 9:30a Intermed. Line Dance 10:00a Hooks & Needles 10:00a Open Paint Studio 11:00a Sign Lang meetup 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 5:30p Open Table Tennis	8:00a Geri-Fit Stretch/Abs 9:00a Video Gentle Yoga 9:00a Intermed. Bridge 10:00a Open Paint Studio 12:00p Poker 1:00p Scrabble 1:00p Hand & Foot cards 2:00p Open Jam Session 5:30p Euchre	8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:00a Canasta 9:00a Open Paint Studio 9:30a Beg. Line Dance 10:00a Spanish Club 10:00a Alzhmr Support Grp 1:00p Improver Line Dance 1:00p Table Talk-Women 1:00p Hand & Foot Cards 5:00p Open Paint Studio 5:00p Movie	•



Community Center 480-816-5200 www.fountainhillsaz.gov

